

**Department of Nursing Administration
Nursing Education**

Course Outline

Acute Pain Management Workshop

Course Title

Acute Pain Management Workshop

Course Duration

8 hrs (1 Day)

Please indicate if selected others: | |

Number of Run Per Year

2

Target Participants

- Enrolled Nurses
- Registered Nurses
- Choose your target participant.

Pre-requisite: | [NA](#) |

No. of Participants *(Maximum number of participants allowed.)*

- | 20 |

Aim

To educate nurses on their roles in managing patients with acute and chronic pain.

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Course Objectives

At the end of the workshop, participants will be able to:

1. Define what is acute pain and chronic pain.
2. Recognize and treat pain in the elderly patients.
3. Discuss the importance of early treatment of different pain conditions.
4. Explain the importance of physiotherapy in different pain conditions.
5. Identify the group of analgesics and adjunct therapies for pain management.
6. Recognise various post-operative analgesics techniques and associated side effects and potential complications.
7. Case discussions on the roles of nurses in managing patients with acute and chronic pain.

Course Content

Duration

1)	Concept of Pain <ul style="list-style-type: none">• Historical aspect of pain• Pain Theory• Acute and chronic pain	2 hours
2)	Pharmacology <ul style="list-style-type: none">• Commonly used analgesics in CGH• NSAIDS• Opioids• Adjuvants• Anti-emetics	2 hours
3)	Pain Management in the elderly patients	1 hour
4)	Physiotherapy in Pain Management	1 hour
5)	Acute Pain Services Modalities <ul style="list-style-type: none">• Patient Control Analgesia (PCA)• Epidural• Nerve Block• Others	1 hour

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- 6) Role of nurses in managing patients with pain 1 hour
- Case Studies discussion
 - Update on Acute Pain Services (APS) techniques

Teaching Methodology (e.g.; *Lecture, Video, Role play, Practical or Group discussion*)

- Lectures
- Group discussion
- Hand-on practical on infusion pumps

Assessment Methodology (e.g.; *Post-Test, Classroom Competency Assessment or Others*)

- Quiz

Theory Test Passing Score (if applicable)

- NA

Trainers

- Advance Practice Nurse
- Physician
- Pharmacist
- Physiotherapist
- Registered Nurses Specialised in Pain Management

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Contact Person

Name (in full) : Mabel Yap

Designation : Executive

Contact Number : 69366807

Email : Mabel_Yap@cgh.com.sg