

DIABETES EDUCATION WORKSHOP

BE A GLUCOSE GURU: MASTERING YOUR LEVEL



Association of
Diabetes Educators
(Singapore)



Program

- 1:30 p.m. Registration**
Lunch not provided
- 2:00 p.m. Welcome Speech**
Ms Brenda Lim (ADES, Vice President Special Project)
- 2:05 p.m. CGM Technology: Assessment of Diabetes Control**
Dr Tay Yu-Kwang Donovan (Senior Consultant Endocrinologist, Arden Metabolic Centre)
- 2:35 p.m. Empowering Individuals with Diabetes: Digital Technologies for Better Blood Glucose Control**
Dr Kalpana Bhaskaran (Head, Glycemic Index Research Unit, Deputy Director, Industry Partnerships, School of Applied Science, Temasek Polytechnic)
- 3:15 p.m. Break**
- 3:20 p.m. Hands-on experience on CGM**
Facilitators (ADES Educators)
- 5:00 p.m. Networking / End of Program**



22 February 2025, Saturday



**PSB Academy City Campus (Main Wing),
Lecture Hall 4, Level 3**
Marina Square, 6 Raffles Boulevard, #03-200, S(039594).

Introduction

Continuous Glucose monitoring (CGM) allows the users to visualise the relationship of dietary choices, lifestyle changes and/or medications and blood glucose level. It is a technology to help improve diabetes self-management.

This workshop aims to empower the healthcare professionals to be confident and competent in the CGM technology diabetes education.



Scan to register by 15 Feb 2025

\$10 for SNA member
\$35 for Non-SNA/ADES member

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